The Pulse_//_

Partners of Stoughton Hospital





President Melanie Miller

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Sharon Beall

Secretary
Diane Matson

<u>Treasurer</u> Dawn Windland

BELIEVE
THERE IS
HOPE FOR
A CURE

October is Breast Cancer Awareness Month



President's Message—Melanie Miller



I've always had an interest in art. As a youngster, I learned one of the basic concepts of art called Perspective. Perspective is defined as the art of drawing solid objects on a two-dimensional surface as to give the right impression of their height, width, depth, and position in relation to each other when viewed from a particular point. Our perspectives, when we are young and physically small, made objects and challenges look bigger to us. As objects were taller and larger, they actually presented physical challenges for us to overcome. For example, I recall around the age of 5, struggling to climb up into the cab of our big farm truck to tag along with my dad or needing a step stool to reach a shelf or cupboard. However, as I matured, I learned that perspective has a second definition. It is a particular attitude or way of seeing something; a point of view. Past experiences, our

families and our peers, at any age, have a tendency to influence our perspectives on relationships, challenges and even ideas and how we perceive them. Our perspective changes as we grow personally. We need to be open to allowing our perspective to change. We need to be willing to accept new ideas and try new things. We need to not criticize new ideas until we have considered different perspectives. It's not always easy to see other people's point of view. That person's ideas and values might conflict with you and yours. It would be easier to just ignore those differences rather than contemplate them. However, when we fail to even try to understand other perspectives, relationships can suffer and walls can be built. Our society would be a better place if we all tried to make an effort to understand each other's perspective. We don't necessarily have to completely change our own way of thinking but at least give some thought as to why perspectives may be different than our own. We may not all be artists working on perspective in their works of art, but we are all members of our world and working on refining our personal perspectives.

Annual Meeting Scheduled for October 24

Partners of Stoughton Hospital Annual Meeting will be held October 24. Flu shots will be available that day beginning at 10:00 in the Bryant Center. Lunch will be served in the Bryant Center beginning at noon, followed by a short business meeting, including installation of new officers for the 2018-2019 year. Officer nominations are being accepted now. If you would like to serve as an officer or if you would like to nominate a Partners Member, please contact Sandra Maerz at 608 873-6125 no later than October 10.

Reservations for flu shots and lunch are required.

Please call Jessica at (608) 873-2277 or email jbauer@stohosp.com before October 15 to let us know if you will be getting a flu shot and/or attending the annual meeting luncheon.

We look forward to having you join us.

Profile of a Partner - Susan Price

Written by Diane Matson



The question of "where is your hometown" generally results in an immediate, automatic response from most people; however when it comes to our newest Partner Susan Price, the answer is more complex. One could easily throw a dart at the map of the United States, and chances are you'd hit one of her many answers. Even though Susan's "place of birth" is Madison, she can identify with Milwaukee as well as communities in Indiana, Illinois, Ohio, Texas, Massachusetts, Minnesota and Florida! Her hometown of choice however is Christmas Lake in Excelsior, Minnesota, a suburb of Minneapolis.

A resident of Stoughton for the past year, and now retired, Susan loved her work with children and families as a clinical psychologist affiliated with the University of Minnesota and Minneapolis Childrens' Hospitals before starting a private practice.

Content to live on the shores of Lake Kegonsa until the snow and wintry winds arrive. Susan returns to Florida as soon as the threat of hurricanes has passed. Not surprisingly, travel is one of her most enjoyable things to do, a favorite destination being Africa. Her participation in a safari which began in Cape Town and ended in Victoria Falls was a life-changing experience, thanks to being able to observe wild animals in their natural habitat.

At one point, having a greenhouse attached to her family room was a perfect excuse to be a year-round gardener. Susan maintains that she has a vehicle that "forces" her to stop at garage sales and antique stores, adding to her collection of antique Christmas items, primitive kitchen stuff, China, linens, and more. She confesses that that hobby will someday be a challenge for her four children and eight grandchildren to face. And now, Susan has developed a new passion for Rosemaling!

The hospital gift shop is a perfect niche for Susan's passions and volunteering there has given her the perfect excuse to hone her collecting skills, while giving her a "lovely way to meet so many nice people".



Welcome to Partners of Stoughton Hospital Susan. You may decide that the warmth and friendliness of the Partners community will be enough to keep you here year-round!



Congratulations to Dan DeGroot, CEO of Stoughton Hospital American Hospital for earning an American Hospital Association's 2018 Grassroots Champion Award for the State of Wisconsin!

News from the Fundraising Committee



Millisury

The Fundraising Committee is considering a Repurposed Auction Event!

We are calling on all "repurposers" to put your talents to use and make an item to donate to our auction to benefit Partners of Stoughton Hospital and projects at the Hospital. Repaint, redesign or create a useful item from used articles. Use your imagination! The auction is being planned for mid-April, 2019. For planning purposes, please express your interest by November 15 by contacting Claudia Quam at 732-4737 or claudiakquam@gmail.com.

Gift Shop



9:00 AM to 3:00 PM Monday through Friday



Mary Link, Foundation Director, Partner, and self-proclaimed "best Gift Shop customer" showcases some of the newest Fall-themed items available for purchase in the Gift Shop. Whether your decorating style fancies items of whimsy or seasonal, you'll find just the right piece to accent your Autumn décorbut hurry! Mary is already planning her purchases.



From September to November, all mammography patients will receive a coupon for a discounted manicure from a local participating salon.

Please call (608) 873-2299 to schedule your mammogram today.



Each year Partners of Stoughton Hospital sponsors a Love Light Ceremony. You are invited to be a part of this annual Love Light event being held at

4:30 p.m. on Thursday, Nov. 29 in the Bryant Center at Stoughton Hospital.

Honor those among us, honor our Military and share memories of loved ones during a brief program, followed by lighting of the trees. Donate in the name of someone special to you. We need to hear from you by Nov. 24. Donation envelopes are available in the hospital lobby, gift shop and via mail. Donor and Beneficiary names will be displayed in the Love Light program. Your donation helps Partners of Stoughton Hospital to support various programs within the hospital and the communities it serves.

Partners of Stoughton Hospital September Board Meeting

<u>From Dan DeGroot:</u> Phase 2 of the \$4,000,000 project to enhance the resonance imaging program and incorporate calcium scoring is scheduled for completion by May 2019. The orthopedic program is being expanded as well. Dr. Schwab will be enhancing his surgery program and is adding venous oblation. The LINKS program to address GERD treatment will be presented in October. Dr. Faber's OB/GYN specialty will begin to include pre and post-natal care, but will not include delivery at Stoughton Hospital.

<u>Laura Mays</u> thanked Partners members for their assistance at the August 15 "Reunion and Recognition" event hosted by Dr. Rogerson and Dr. Rawal. There were approximately 200 in attendance. A second Customized Knee Replacement informational session is scheduled for September 25. Stoughton Hospital is participating in the Food for Kids event on October 20 with the goal of prepackaging 200,000 meals. See information about several health education and wellness classes scheduled in the upcoming months. Reminders for these and other events can be found in the Partners newsletters as well as email reminders, Hospital website and the publication, *For The Life of You*.



Mary Link gave updates on progress being made in the Terry Brenny Wellness Garden . The Partners stone is scheduled to be placed on September 15. Furniture is slated for delivery on October 22 as well as six metal sculptures. A date of November 6 has been set for the dedication of the area, beginning at 4 p.m. and being hosted in the ambulance bay

All members are asked to support our Fundraising Committee. Watch for opportunities.

Upcoming Events

For total listing please see http://stoughtonhospital.com/events/ or the publication, For The Life Of You.

Oct. 10 - Boomer & Senior Expo, Stoughton Wellness and Athletic Center, 9:00 AM - 12:00 PM

American Red Cross Blood Drives are held the 3rd Friday of each month from 8:00 AM to 1:00 PM. Call 1-800

-REDCROSS for an appointment or go to www.redcrossblood.org.

Oct. 24 - Partners of Stoughton Hospital Flu Shot Clinic, 10:00 AM, Bryant Center

Oct. 24 - Partners of Stoughton Hospital Lunch & Annual Meeting, 12:00 PM, Bryant Center

Oct. 24 - Orders due for A Boo 4 You Mylar balloon/candy fundraiser delivery

Oct. 27 - Fall Medication Disposal & Sharps Collection, 9 to 11 AM, Stoughton Fire Department

Oct. 30 - A BOO 4 You deliveries

Nov. 5 - Dedication of the Terry Brenny Wellness Garden, 4:00 PM, Ambulance Bay

Nov. 29 - Love Light Ceremony, 4:30 PM, Bryant Center