

VIP CONNECTION

Volunteers in Partnership with Community Memorial Hospital

Summer 2017



Volunteers in Partnership (VIP) with Community Memorial Hospital scholarship recipients are pictured with Marti Csizmadia (far left), director of Volunteer Services at Community Memorial Hospital and Teri Lux (far right), president of Community Memorial Hospital and chief

operating officer for the Community Hospital Division. VIP scholarship recipients included (listed alphabetically): Alana Akam, Madison Grzesiak, Caroline Hanson, Amanda Lenser, Morgan Nienow and Elizabeth Schuetz.

Volunteer Scholarships

Through funds raised by you, the Volunteers In Partnership with Community Memorial Hospital, scholarships were provided to deserving young students whom themselves have volunteered in our hospital. This year you presented \$15,000 in scholarships to the students pictured above. To be eligible for a scholarship, recipients must participate in the Volunteer program for at least two summers, pursue a career in healthcare, hold a GPA of 3.0 or better, provide letters of recommendation and write an essay.

Madison Grzesiak was this year's \$1,000 Katie Heyrman Memorial Scholarship recipient. This scholarship is in memory of Dr. Donald Heyrman's first wife, Katie Heyrman. Dr. Heyrman set aside the funds to establish a scholarship in Katie's honor after she passed away. Katie was the first dietician at Community Memorial Hospital in 1964 when the doors first opened. The hospital could not afford a dietician at that point, so Katie volunteered her services.

Volunteers

June 12 marked the start of this year's Volunteer program. We have 47 Volunteers here this summer. Volunteers can be seen in their blue polo shirts throughout the hospital, on our grounds and even at our corporate buildings in Woodland Prime. This summer program offers young teens and adults a volunteering experience that benefits the hospital, yet also helps them gain an understanding of what it is like to work in a health care setting.



Volunteer Morgan Nienow, Info Desk Receptionist Sara Abdul Rahman and long-time volunteer George Krieger, at the main information desk.

Rain, Rain Go Away ...



As much as we need water to survive, this spring and summer we have had plenty of rain to keep our Community Garden watered. Too much rain at times has made it a bit more

challenging to get the plants to flourish. Hats off to Mike Hau and Gordie Birschbach, as well as all the volunteers who are taking care of our garden for their hard work pulling weeds and even replanted vegetables so we have a good harvest and keep the local food pantries stocked with fresh produce.

Community League Garden Tour



On Saturday, June 24 the Menomonee Falls Community League Garden Tour included for

the first time our Community Garden and the Healing Garden here at Community Memorial Hospital. Thank you to Mike Hau and Sue Schuelke for volunteering to represent Volunteers In Partnership with Community Memorial Hospital during the tour hours. We had over 40 individuals stop by to learn about the garden and how it benefits the community.

Director's Corner

I continue to be amazed and impressed with the dedication and willingness to help out that I see from the volunteers here at Community Memorial Hospital.

We have volunteers in over 35 departments, serving our patients, customers, staff members and each other. Thank you so much for donating your skills and talents. You truly make a huge difference.

We continue to have individuals inquire about the various opportunities for volunteering here. We also continue to have various departments inquire about adding volunteers in their department.

One area I'd like to briefly highlight is our Timeless Treasures Gift Shop. Beth Hampton, our gift shop coordinator, has done a wonderful job together with our volunteers offering a great gift selection and servicing our staff and visitors. I'm sad to say that after six years Beth will be moving to a part-time role in a different department in the hospital in August. We hate to see her leave us, but we're happy she will be staying within the Community Memorial Hospital family and know she'll enjoy her time spoiling her grandchildren.

I'll be recruiting for a gift shop coordinator, so if you know anyone with the qualifications please have them apply. We also need volunteers in the Gift Shop, including substitutes. This area is a huge source of revenue from which the volunteers use the proceeds to benefit the hospital. Thanks for considering the Gift shop as an opportunity to volunteer.

Enjoy the rest of your summer!

*~ Marti Csizmadia,
director, Volunteer Services,
Community Memorial Hospital*

Drugs End Dreams

Prescription opioids have been the main driver of drug overdose deaths and poisoning. In 2015, 63 percent of opioid related deaths involved prescription drugs. Often prescription opioids are the “gateway” to the use of heroin. Individuals, especially those with long-term use of prescription opioids, develop a tolerance to the effects of those medications and seek drugs that are stronger, inexpensive and easily available like heroin.

The following data comes from the Wisconsin Department of Health Services:

- Prescription opioid drug deaths are found to be higher in some counties in southeastern and northern regions of the state.
- The rate of opioid deaths is higher in men than women.
- Higher rates of death are seen in men ages 25-34 and in women ages 35-54.

Of note, a five-fold increase in hospitalizations due to opioid addiction has occurred in seniors age 65 and older over the past 20 years. This is attributed to the misuse of opioids for acute and chronic pain management.

In future issues of the VIP Connection, information will be shared on other areas of impact due to this health crisis along with ways we as volunteers and individuals can help to bring opioid addiction under control.

Source: Wisconsin Department of Health Services - “Department of Health Services Report Highlights Opioid Overdose and Death Rates in Wisconsin,” February 10, 2017 AARP Bulletin, June 2017

*~ Sue Schuelke
Community Health Education Chair*

Healthy Treats Service Program

Volunteer Services puts together healthy snack “treat bags” for children visiting patients at Community Memorial Hospital two to three times each year. Granola bars, boxed raisins and apple sauce are examples of the snack foods included. Better choices for snacks for children can help improve their nutritional intake leading to better health.



This project started about five years ago in support of a community initiative to promote healthier nutrition, the same initiative that led to the creation of the Community Garden. Thank you to

the Information Desk receptionists for their role in supporting the Healthy Treats service project. The treat bags are handed out to children (with parental approval) on select weekends by the receptionists at the Main Information Desk.

Special Events News

Cheery Cherry Fall Fair

The 49th annual Cheery Cherry Fall Fair will be taking place on Sunday, Sept. 24, 2017 in Village Park from 9 a.m. – 4 p.m. The day will include new and returning arts and crafts exhibitors, cherry products and wine from Door County, food, bakery and more! All proceeds from the event will go to benefit the Cancer Care Center at Community Memorial Hospital.

We are always looking for new and exciting arts and crafts exhibitors to be a part of our fair, so if you or anyone that you know would qualify for Cheery Cherry please have them contact Anna at 262-257-3312.

Accessory Sale

A fall accessory sale will be taking place Nov. 9-10 in meeting rooms ABC at the hospital. This \$6 sale is a perfect opportunity to purchase holiday gifts for friends and family. Many of the items, such as jewelry, watches and scarves, make for great stocking stuffers! All proceeds will benefit the purchase of patient care equipment at Community Memorial Hospital.

Koeze Gourmet Candy and Nut Sale

We will be hosting our annual Koeze Gourmet Candy and Nut Sale throughout the month of November. Individuals will be able to place prepaid orders with product pickup taking place in early December. All proceeds will benefit the purchase of patient care equipment and services at Community Memorial Hospital.

~ continued

Love Lights

The second annual Love Lights event will be taking place later this year when we will decorate trees in the front of Community Memorial Hospital. Community members will be able to purchase a light for \$5 each in memory or in honor of a loved one. There will be red lights representing “in honor” and white lights representing “in memory.” This fundraiser will take place during the month of November, with a tree lighting ceremony on Wednesday, Dec. 6, 2017 at Community Memorial Hospital.

Cookie Sales at Woodland Prime



Our cookie sales have expanded. We think they could smell the fabulous aroma of our cookies being baked here all the way down the road at Woodland Prime. There are many

former Community Memorial Hospital staff members that are now housed at our main office buildings at Woodland Prime that missed their weekly cookie. Staff at Woodland Prime support our hospital, as well as the entire system, and we wanted to give them the opportunity to enjoy some Otis Spunkmeyer cookies. All proceeds benefit Community Memorial Hospital.

We sold out of cookies at our first sale. At our second sale we sold 51 dozen cookies in two hours! We are finalizing all the logistics of adding the monthly cookies sales at Woodland Prime and need volunteers to support this fund raiser. If you are interested please talk with Anna Kratz our volunteer services coordinator.

Gift Shop News

It's still summer at Timeless Treasures Gift Shop! As the Brewers continue to entertain us (and battle for first place), we are still offering assorted Brewer paraphernalia including the ever-popular cribbage board, checker game, wine glasses and more.

Summer jewelry, scarves and handbags in bright colors also continue to be great sellers as we enjoy our warm summer weather and accessorize with those great summer items!

As summer turns to fall, the gift shop will transform into a warmth of fall colors with pumpkins and Halloween items decorating the shop.

Cookbooks

Volunteers in Partnership with Community Memorial Hospital have their “Celebrating 50 Years of Caring Cookbook” available for a sale price of \$5 each, originally \$15. This book is filled with delicious appetizers, soups, main dishes, breads, desserts and much more. It's a great gift idea for a friend, family member or even for you! All recipes were submitted by Community Memorial Hospital volunteers, staff and medical staff members. Please stop in Timeless Treasures Gift Shop today to purchase your copy

Volunteer News

Welcome New Volunteers

- Susan Johnson-Boyce
- Dan Schlote
- Darlene DeRocher
- Bonnie Galginaitis
- Joe Greco
- Sue Schuelke
- Carole Waskow

Retired Volunteers

- Pat Scanlon
- Julie Kolinski
- Rich Michels
- Jane DeGeorge

Volunteers Who Have Passed

- Don Marlow
- Teri Monday
- Charlie Carlson
-

Volunteer Opportunities

- Gift Shop
- Cookies
- Mailroom
- Community Outreach Health Clinic
- Cheery Cherry Fall Fair

If you are interested in these areas or learning about various other opportunities please see Sandy Imrie, Volunteer Services secretary.

From The Foundation

Wheeling for Healing Registration Now Open

Registration is now open for Community Memorial Foundation's 20th annual Wheeling for Healing family bike ride. The annual ride will take place on Saturday, Aug. 12, and raises funds to support the Cancer Care Center at Froedtert & the Medical College of Wisconsin Community Memorial Hospital. A post-ride celebration at Community Memorial Hospital begins at 9:45 a.m. offering delicious food, entertainment, raffles, children's activities and more.



Volunteers are needed along the route and at the post-ride event. Please contact Event Coordinator Heidi Gremmer at heidi.gremmer@froedtert.com or 262-257-3203.

2017 Fashion Show and Luncheon!

Save the date for Community Memorial Foundation's Fashion Show and Luncheon on Friday, Oct. 20, 2017 at the Hilton Garden Inn Milwaukee Park Place. This special fundraiser will celebrate and honor breast cancer survivors. The event begins at 11 a.m. with a social featuring a silent auction and raffle. Guests will also enjoy lunch, a fashion show featuring breast cancer survivors as models, and a live handbag auction. Event proceeds will benefit the Breast Center at Community Memorial Hospital. Individual and corporate reservations are available. For more information, call Heidi Gremmer at 262-257-3203.

In Other News

Partners of Wisconsin Hospital Association

This year's West Central District partners of WHA Convention will be held in Green Bay starting on Tuesday, Oct. 3 through Thursday, Oct. 5. If you are interested in attending please let Marti know. After securing spots for our Advisory Council we may have opportunities for others to attend.

Dress code

Thank you for adhering to the dress code. As part of the Community Memorial Hospital team, all of you represent this hospital and organization and we ask that you look the part. The dress code is posted on the bulletin board. Please talk with Marti if you have any questions.

Customer Service

As mentioned, we are all part of the hospital team. One of our customer service standards states: "I collaborate with others to meet or exceed customer expectations in a timely manner." How do you demonstrate this standard in the area where you volunteer? Friendly reminder: We define a customer as anyone who has an expectation or need. So not only does that include our visitors, patients and families, but also our co-workers, supervisors and other volunteers – basically everybody. If you need a listing of the customer service standards please let anyone in the Volunteer Services area know and we'll get that for you.

Upcoming Events and Meetings

Volunteer Program 2017 ends
August 13

CMH Foundation Wheeling for Healing
August 12

Cheery Cherry Fall Fair
September 24

Partners of WHA State Convention
October 3-5

CMH Foundation Fashion Show and Luncheon
October 20

Volunteer Services Mission Statement:

As an integral component of Community Memorial Hospital, our mission is to provide an efficient and humanistic volunteer staff which offers an extra dimension of care and services to patients, families, and visitors, and provides supportive services for the hospital staff.

We welcome enthusiastic individuals of all backgrounds and abilities, and do not judge applicants by race, religion or age, but rather by commitment, dependability, and the desire to be of service.