

HEARTLINE

AUXILIARY NEWSLETTER • SEPTEMBER 2017

MESSAGE FROM THE PRESIDENT

Summer is coming to a slow end as we now look forward to the beautiful fall colors to arrive soon. It has been a typical Wisconsin season and I always am anxious for the next to arrive.

As the seasons change, there have been some changes within the RMC Auxiliary also. We have a new president, Barb Miller, and vice president, Julie Stellmacher, who were installed in June. As your new president, I look forward to a great working relationship with the board members, our volunteer coordinator, volunteers, RMC associates and all auxiliary members in the coming months.

We have a busy agenda ahead of us. In September, there is the RMC Auxiliary luncheon, the state convention in October and fall district meeting are upcoming events. Raffle tickets are available in the gift shop for the WHA Annual Convention. Check them out - great prizes. There will be a mum sale September 19 to 20 at Ripon Medical Center. In October, we kick off Lights of Love. The event is set for December 14. Raffle tickets go on sale October 16 for great gift baskets to be drawn for that evening. We continue to recognize the RMC Auxiliary's 75th Anniversary this year. We could not accomplish all this and more without the dedication, time and support our volunteers so willingly give.

I want to say thank you to our past president, Jackie Halverson, for all her time; she has given so generously the past five years. She has been so gracious to get me started in my new position. I feel I have big shoes to fill!

I am honored to be your new president and hope to serve you well. If you have any questions or concerns, you can reach me at (920) 748-6189, (920) 291-5531 or feel free to e-mail millerbandj@charter.net

Barb Miller, President



Barb Miller and Julie Stellmacher

RMC AUXILIARY LUNCHEON/MEETING

The RMC Auxiliary luncheon is scheduled for Monday, September 11, 2017 at noon in the Green Lake Room at Ripon Medical Center. The program topic is the growing use of opioids and the Ripon community's response. Alex Berg, Ripon opioid coordinator for the Drug Free Communities Task Force Fond du Lac County, will be the presenter. Lunch will be a mixed green salad, pot roast with Yukon mash, sweet corn and orange layer cake. The cost is \$6 and can be paid at the door.

RSVP to Kim Bresser no later than Tuesday, September 5 by calling (920) 745-3670 or by e-mail at bresserk@agnesian.com. Please indicate if you have any special dietary needs.

NOTE: If anyone hasn't paid their dues we will be collecting them at the meeting. Annual dues are now \$8.

TREASURE'S REPORT

Fiscal Year Ended June 30, 2017

Here are the financial results for the fiscal year beginning July 1, 2016 and ending June 30, 2017. Net fund-raising and donations were 11 percent above budget and 6 percent above the prior year. We could award three \$1,000 scholarships and donate \$25,164 to Ripon Medical Center. These donations were toward the Wellness Walkway (\$10,000), a bariatric stretcher in the Emergency Department (\$8,800), toward the neoprobe system (\$5,000), the headstone for the Precious Angels project (\$764),

a waffle iron for Food Service (\$300), poinsettias at Christmas (\$125.95) and the reindeer figurines (\$15.18), stands for the speaker system (\$84.35) and supplies for the patient hospitality cart (\$74.91). Cash remaining at the end of the fiscal year was \$15,321.72.

Membership is down slightly for the second year in a row, so please ask your friends, neighbors and relatives to be a part of our amazing organization!

Bobbie Pollesch, Treasurer

	FY 2017	FY 2017	FY 2016
	Actual	Budget	Actual
INCOME			
Fund-Raising	\$13,774.15	\$13,750.00	\$13,084.71
Donations	345.79	-	175.75
Membership Dues	547.50	-592.50	585.00
Gift Shop Sales	32,091.79	-30,750.00	30,567.15
Total Income	\$46,759.23	\$45,092.50	\$44,412.61
EXPENSES			
Fund-raising Expenses	\$2,863.29	\$3,615.00	\$2,635.93
Luncheons	(76.50)	55.00	116.50
State Conventions/District Meetings	720.50	725.00	10.89
Organization Expenses	688.49	209.00	157.75
Gift Shop Expenses	23,405.75	23,165.00	21,560.36
Total Expenses	\$27,601.53	\$27,769.00	\$24,481.43
Net Income Before Distributions	\$19,157.70	\$17,323.50	\$19,931.18
DISTRIBUTIONS			
Scholarships	3,000.00	3,000.00	2,000.00
Donations for RMC	25,164.39	18,900.00	10,582.50
Total Distributions	\$28,164.39	\$21,900.00	\$12,582.50
NET INCOME AFTER DISTRIBUTIONS	\$(9,006.69)	\$(4,576.50)	\$7,348.68
CASH BALANCES	\$15,321.72		\$27,125.43

RMC Auxiliary, Inc. Budget FY 2018

The budget reflects the Board's financial plan for the fiscal year that began July 1, 2017 and will end June 30, 2018. We have conservatively budgeted income and expenses to be about the same as our very successful last year.

Because we have done so well with fundraising and gift shop profits, the Board will continue to award three \$1,000 scholarships in 2018 and donate \$10,000 to RMC after Lights of Love for three patient transport chairs. In addition, we will continue to supply the patient hospitality cart and have estimated the cost to be \$100.

RMC AUXILIARY BUDGET FY 2018	
INCOME	
Fund-Raising	\$14,125
Membership Dues	600
Gift Shop Sales	31,725
Total Income	\$46,450
EXPENSES	
Fundraising Expenses	\$3,276
Luncheons - Net	(1)
State Conventions/District Meetings	920
Organizational Expenses	184
Gift Shop Expenses	23,991
Total Expenses	\$28,370
Net Income Before Distributions	18,080
Distributions	
Scholarships	3,000
Donations to RMC	10,100
Total Distributions	13,100
NET INCOME AFTER DISTRIBUTIONS	\$4,980

MEMBERSHIP NEWS

Thank you to all of you for all you do! Everyone has been very gracious in welcoming me into my new position. I appreciate the positive thoughts and words of encouragement.

As auxiliary members, there are a lot of projects that need people power to be successfully run. Please volunteer to assist in any way you can. A brat fry, mum sale and the Lights of Love Raffle are just a few of the projects to consider volunteering for. Because of these projects, and others, we've been able to increase the number of scholarships we give, and have donated money toward hospital purchases that help the hospital function more successfully.

Thank you to those that have responded to the reminder about paying dues. If you haven't yet, please drop off the \$8 at the hospital gift shop. Talk to others about all the good things the Auxiliary does and encourage them to join. Remember to mark your calendar for the Auxiliary Luncheon on September 11, 2017 at noon.

Mary Stein, Chairperson, Membership

VOLUNTEER NEWS & NOTES

Hello from Volunteer Services!

Writing this note means summer is dwindling down and fall is on its way. But, fall is my favorite season! I love pumpkins. I love apple cider. I love harvest time at the farm. And, I love mums.

Oh, MUMS! Did you know the Auxiliary is having a mum sale? Save the dates in your calendar: Tuesday, September 18, and Wednesday, September 19. Additional details can be found within the newsletter. What a fun and festive way to raise funds!

Fall also means it's time for volunteer annual education. Any auxiliary member who is also a volunteer for Agnesian HealthCare is required by The Joint Commission to attend one of Agnesian HealthCare's annual education sessions. Postcards with the dates, times and locations will be sent by e-mail. New



Kim Bresser

this year: volunteers may attend an annual education session at ANY Agnesian HealthCare facility, not just the facility they volunteer at. We've updated the presentation and will have nurses available to administer your TB and flu shots as well. Please let me know if you have any questions.

I missed you all at the June Luncheon (we had a terrible stomach bug go through our house hitting each member of our family; yuck!) so I'm looking forward to seeing you in September. The RMC Auxiliary luncheon is scheduled for Monday, September 11 at noon. Please be sure to RSVP to me by Tuesday, September 5 by calling (920) 745-3670 or e-mailing bresserk@agnesian.com. Also on that day, the RMC Auxiliary is hosting a purse sale with beautiful, handmade bags from Debbie Brooks. Make plans to stop by her sale before or after the luncheon.

Enjoy the last weeks of summer and I'll see you in September!

Kim Bresser, Volunteer Coordinator, Ripon Medical Center & Waupun Memorial Hospital

WHAT'S NEW AT RIPON MEDICAL CENTER

We have a lot going on at Ripon Medical Center these days - all exciting developments to help us continue our efforts to grow, and offer as many services as possible at a local level. I'm proud to share with you but a few of these key advancements.



Tami Schattschneider

Anticoagulation Management Services, and day surgery coming up later 2017.

Yorn - Your Opinion. Right Now.® - provides real-time engagement to patients and their families on any experience. Patients feel more engaged because they have an opportunity to influence change not only in their own experience, but also in the outcomes of others. With Yorn, patients will be sent a unique link to their smartphone through a text message and/or e-mail. The patient will be asked two questions about their experience and then our staff can address any concerns in the moment.

CT Scanner

Ripon Medical Center's Medical Imaging department now has a new CT scanner. The newly-installed GE 64 slice CT scanner will enhance our current CT services through improved image quality (higher resolution) while further reducing the radiation dose to the patients. Image transfer speed will be significantly faster, reducing the amount of time a patient is kept in the scan room, and improving result turnaround time to physicians in emergent situations.

YORN expands

The list of departments at Ripon Medical Center utilizing new technology that enables patients to provide real-time feedback, thereby working to enhance their overall patient experience, continues to grow beyond the Emergency Department. The hospital's Medical/Surgical unit and Sports & Spine is now using this tool, with Medical Imaging, Ambulatory Infusion and

Leadership transition

Cheryl O'Grady-Ritchie has accepted a new position with Agnesian HealthCare as director of Surgical Services at St. Agnes Hospital. O'Grady-Ritchie has served with Ripon Medical Center for nearly 10 years. Her last day at Ripon Medical Center was June 16. Applications are being reviewed and interviews scheduled for a director of Surgery. Jen Danzeisen is now serving as director of Inpatient Services and Emergency Department.

New bike rack

A new bike rack has now been installed outside the Ripon Medical Center's Emergency Department. Agnesian HealthCare is working to help associates, providers and volunteers that wish to bike to work have convenient areas where they can safely leave their bicycles

Tami Schattschneider, Ripon Medical Center Chief Operating & Chief Nursing Officer

COMMUNITY HEALTH EDUCATION

Prescription Opioids and Heroin

Drug overdose deaths involving prescription opioid pain relievers have increased dramatically since 1999. Concerted federal and state efforts have been made to curb this epidemic. In 2011, the White House released an interagency strategy for Responding to America's Prescription Drug Crisis. Enacting this strategy, federal agencies have worked with states to educate providers, pharmacists, patients, parents, and youth about the dangers of prescription drug abuse and the need for proper prescribing, dispensing, use, and disposal; to implement effective prescription drug monitoring programs; to facilitate proper medication disposal through prescription take-back initiatives; and to support aggressive enforcement to address doctor shopping and pill mills and support development of abuse-resistance formulations for opioid pain relievers.

Improvements have been seen in some regions of the country in the form of decreasing availability of prescription opioid drugs and a decline in overdose deaths in states with the most aggressive policies (Johnson et al., 2014). However, since 2007, overdose deaths related to heroin have started to increase. The Centers for Disease Control and Prevention counted 10,574 heroin overdose deaths in 2014, which represents more than a fivefold increase of the heroin death rate from 2002 to 2014 (CDC, 2015).

In an effort to combat the intertwined problems of prescription opioid misuse and heroin use, in March of 2015 the Secretary of Health and Human Services announced the Secretary's Opioid Initiative, which aims to reduce addiction and mortality related to opioid drug abuse by (HHS takes strong steps, 2015):

- reforming opioid prescribing practices
- expanding access to the overdose-reversal drug naloxone
- expanding access to medication-assisted treatment for opioid use disorder

The relationship between prescription opioid abuse and increases in heroin use in the United States is under scrutiny. These substances are all part of the same opioid drug category and overlap in important ways. Currently available research demonstrates:

- Prescription opioid use is a risk factor for heroin use.
- Heroin use is rare in prescription drug users.
- Prescription opioids and heroin have similar effects, different risk factors.
- A subset of people who abuse prescription opioids may progress to heroin use.
- Increased drug availability is associated with increased use and overdose.
- Heroin use is driven by its low cost and high availability.
- Emphasis is needed on both prevention and treatment.

References

- Centers for Disease Control and Prevention (CDC). Number and age-adjusted rates of drug-poisoning deaths involving opioid analgesics and heroin: United States, 2000–2014. National Vital Statistics System, Mortality File. <http://wonder.cdc.gov/>. Reviewed December 9, 2015. Accessed December 10, 2015.
- HHS takes strong steps to address opioid-drug related overdose, death and dependence [news release]. Washington, DC: U.S. Dept. of Health and Human Services; March 26, 2015. <http://www.hhs.gov/news/press/2015pres/03/20150326a.html>. Accessed October 8, 2015.
- Johnson H, Paulozzi L, Porucznik C, Mack K, Herter B. Decline in drug overdose deaths after state policy changes – Florida, 2010–2012. *Morbidity and Mortality Weekly Report (MMWR)*. Atlanta, GA: Centers for Disease Control and Prevention; 2014.

NATIONAL INSTITUTE ON DRUG ABUSE Updated December 2015

Barb Benkoski, Chairperson, Community Health Education

FUND-RAISING

HELP!

As raising money is one of the two tenets of our auxiliary, the other being volunteering at RMC, I'm urging you to consider how you can contribute to our fund-raising activities. We need chairpersons and helpers. This could be a one-time commitment, or more as your time and interests allow.

Our fund-raisers for 2017-2018 are mum sale, Lights of Love, Lights of Love Raffle, bake sale, flower baskets sale, Younker's Coupon Book Sale and brat fry sales.

Please contact me with any questions you may have about the time involved, or how to proceed. We need your help, and we'll help you do the job! Contact me at: jackiehalverson009@gmail.com or 748-3968.

Jackie Halverson, Fund-Raising Chairperson

GIFT SHOP

We are winding down the season with sales on summer jewelry, scarves and garden décor. Stop by and check it out.

By the time you read this, we will have been to the Minneapolis Mart shopping for new product, vendors and display ideas; always trying to improve and making it your favorite place to shop! We are already receiving fun Fall items.

Hope to see you soon! Thanks too, to all our gift shop volunteers!

Mary Schieffer, Chairperson, Gift Shop



Merchandise Mart Buying Trip: Barb Ann Behlen, Pat Phillips, Marty Schattschneider, Mary Schieffer

MUM PLANT SALE

Plants ranging from potted aster and mums, hanging mums, three- color potted mums and the large grass/mum combo arrangements.

Sale is Tuesday and Wednesday, September 19 and 20 from 8 a.m. to 6 p.m. or while supplies last. Sale is taking place at Ripon Medical Center near the Healing Garden.

Prices range from \$8 to \$40. Cash, check, credit card and quick charge (Agnesian HealthCare associates) accepted.

Anyone interested in volunteering to help with the sale, contact Diane at (920) 948-2420 or smithdk1061@yahoo.com.

Diane Smith, Chairperson, Mum Sale

BRAT FRY FUND-RAISER

The final brat fry for the season is scheduled for Saturday, September 2 from 9 a.m. to 3 p.m. at Webster's. Hope to see everyone there supporting the Auxiliary!

If you're interested in volunteering at the Brat Fry, contact Diane at (920) 948-2420 or by e-mail at smithdk1061@yahoo.com.

Diane Smith, Chairperson, Brat Fry Fund-Raiser

COMMUNITY DAYS 2017

The Younkers Community Days fund-raiser is scheduled from November 8 to 11, 2017. The Auxiliary will be selling coupon booklets prior to the sale dates. Coupon booklets are \$5 each with all proceeds going to the Auxiliary. Support this fund-raiser by buying a coupon book, selling them locally to friends and neighbors and at Younkers in Fond du Lac on dates to be determined. Contact Barb Ann for more information.

Barb Ann Behlen, Chairperson, Younkers Community Booklet Sales

75th ANNIVERSARY CELEBRATION

We are continuing to celebrate our 75th anniversary throughout the year. A display of the 75 years of the RMC Auxiliary is moving around town and will also be taken to the state convention in October.

Bobbie Pollesch, Chairperson, 75th Anniversary Celebration

LIGHTS OF LOVE

Lights of Love planning is underway. Thank you to the planning committee: Bobbie Pollesch, Barb Behlen, Barb Miller, Marty Schattschneider, Julie Stellmacher, Jackie Halverson and Kim Bresser. The event is set for Thursday, December 14 at 6 p.m. in the hospital commons.

Lights of Love will be available for sale beginning October 16. Raffle ticket sales will also start that day. We will be raising money for three, possibly four, patient transport chairs.

Once again, we will collect gift certificates from local businesses for the raffle prizes. We also plan to have a cash prize like last year. Marty Schattschneider will use her creative talent to put the prizes together.

We have an army of volunteers to go out to businesses to solicit these gift certificates. I appreciate having so much help.

Bobbie Pollesch, Chairperson, Lights of Love 2017

RMC AUXILIARY BOARD MEMBERS

Barb Miller, President

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Jackie Halverson, Fund-Raising

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Kim Bresser, RMC Volunteer Coordinator

(920) 745-3670 | bresserk@agnesian.com

UPCOMING EVENTS

September 2	Brat Fry, Webster's Marketplace	9 a.m. to 3 p.m.
September 6	Auxiliary Board Meeting, Volunteer Activity Room	9 to 11 a.m.
September 11	Auxiliary Luncheon, RMC	12 to 2:30 p.m.
September 11	Purse Sale with designs by D. Brooks, RMC Atrium	10 a.m. to 3 p.m.
September 19 & 20	Mum Sale, RMC Healing Garden	8 a.m. to 6 p.m.
September 25	Collective Goods Book Sale, RMC Green Lake Room	10 a.m. to 3 p.m.
October 3 to 5	2017 WHA Partners State Convention, Hyatt, Green Bay	
October 11	Auxiliary Board Meeting, Volunteer Activity Room	9 to 11 a.m.
October 16	Lights of Love and Raffle event begins	Ongoing
November 1	Auxiliary Board Meeting, Volunteer Activity Room	9 to 11 a.m.
November 13	Auxiliary Fall Luncheon/Meeting, Maplecrest	12 to 2:30 p.m.
November 21	Old Hippie Candle Sale, RMC Atrium	10 a.m. to 3 p.m.
December 7	Nutman Sale, RMC Atrium	8 a.m. to 3 p.m.
December 14	Lights of Love	6 p.m.
December (TBD)	Bake Sale	9 a.m. to 2 p.m.

*The work an unknown good man has done is like a vein of water flowing hidden underground,
secretly making the ground green. ~ Thomas Carlyle*



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