Partners Newsletter

Partners of MMH&C Friendship, WI

September 2017

UPCOMING EVENTS

September

- 8th Partners Monthly Meeting, Oak Room 1 p.m.
- 14th Salad Luncheon, Immanuel Lutheran Church from 11:00 a.m. to 1:00 p.m.

October

1st Gundersen Health System and Moundview Memorial Hospital & Clinics will combine efforts and create the new entity

Gundersen Moundview Hospital and Clinics.

- 3rd thru 5th WHA Partners Annual Convention Green Bay, WI
- 13th Partners Monthly Meeting, Oak Room 1 p.m.
- 17th Blood Drive, Friendship Village Hall 11 a.m. to 4 p.m.
- 25th Fall District Meeting, Prairie du Chien

November

- 2nd Women's Night Out, AF High School
- 10th Partners Monthly Meeting, Oak Room 1 p.m. Parade of Trees, Hospital Lobby and Concourse
- 23rd Thanksgiving

December

- 3rd Christmas Open House and Bake Sale, Annual Christmas Luncheon and Meeting, 12 noon
- 19th Blood Drive, Friendship Village Hall 11 am to 4 p.m.
- 25th Christmas

Partners Officers

President – Judy Bieri 608.339.7045 Vice President – Carol Camp 608.339.7391 Secretary – Barbara Schultz 608.339.8171 Treasurer – Donna Kirsenlohr 608.339.9636

Message from the President

Greetings to my fellow Partners.

My name is Judy Bieri and I have accepted the position of President for the next two years. We all thank LeeAnn for the great job she has done and she will be here to guide me through this time of adjustment.

Coming up soon is the Partners Salad Luncheon. Penny Ross and Karen Ramsey are working hard to organize volunteers to provide



salads and desserts, raffle baskets and of course to help setup, serve and cleanup at the luncheon. Let them know if you can give them a hand and be sure to come join us at Immanuel Lutheran on September 14!

Partners Annual Convention will be held in Green Bay October 3-5. Call me if you are interested in going. It's always fun to see what other groups do and how they solve their problems.

The Western Fall District Meeting is scheduled for October 25th in Prairie Du Chien, if you would like to attend.

November will be the Women's Night Out and give some thought to being chairman for our Annual Christmas Party.

A lot of things happening in December with the Parade of Trees, Bake Sale and the Gift Shop Open House. Please consider volunteering some of your time for these events.

A special "Thank You" to Joleen Cozza and Diane Roekle for the great job on the display case "Grandma's Kitchen".

Judy Bieri Partners' President



To Our Officers You've been a Terrific Team!

In July 2014, LeeAnn Roseberry took over the task of being the new President for Partners of Moundview. Along with V-P Carol Camp,



Secretary Barbara Schultz and Treasurer Donna Kirsenlohr, our organization grew and accomplished a

great deal not only for our hospital but also our community.

Thank you LeeAnn for your leadership, friendship and for all you have done for the Partners.

Our new President, Judy Bieri will

continue to work with Carol, Barbara and Donna. We thank you for stepping in as our new President and are appreciative



that Carol, Barbara and Donna will continue in their positions to share their time and talents for Partners and our community.

We are grateful for all the energy our officers have given their positions and look forward to continue working with them on our future projects.

Thanks Again for a Job WELL DONE!



Partners Annual



We Chatted
We Had a great Meal
We Thanked our Outgoing Officers
We were Thankful for our Incoming Officers
We Thanked each other for our Unique
Talents and Achievements
....... And a great time was had by all!





Left to Right: Past President LeeAnn Roseberry / Treasurer Donna Kirsenlohr President Judy Bieri / Vice-President Carol Camp / Secretary Barbara Schultz







Thanks to Fran Coon and Julie Goodhue for organizing our

A n n u a l M e e t i n g



7th Annual Parade of Trees

Organizational meeting held August 11, 2017. Trees need to be up mid-November thru mid-December.

Check with Diane Roekle - 339.3195 or Carol Camp - 339.7391 if you can help.

The biggest work days are during the week of November 13th for setting up

trees and taking them down prior to Christmas. Check for specific times and days.

Submitted by Diane Roekle

Have you noticed the beautiful flower arrangements by the Hospital entrances? Partners has commissioned Master Gardener Betty Conrad to purchase, plant and care for these cheerful flower displays. Make sure you stop and take a peek at them.





Immanuel Lutheran Church **September 14, 2017** 11 AM to 1 PM

????? Can you give us a hand ?????

Let us know if you can help out with setting up, cleaning up, serving, or whatever may be your special talent.

Donations for the basket raffle will be most appreciated.

> Contact Penny Ross - 608.564.2231 or Karen Ramsey – 608.547.1770 for more information or to volunteer!

Next Blood Drive Dates October 17th **December 19th**



Blood Drive Notes

June 27th and August 22nd

Our first summer Blood Drive was on June 27th. There were 22 registered providers. Probably due to the nice weather (we hadn't had sunshine for days) and vacations, this was a low turn-out. Tickets for the Wisconsin State Fair were given away to each person who donated blood. Judy Bieri provided cookies and Jane Grabarski was the recipient of the \$10.00 gift certificate drawing for our gift shop.

The August 22 Blood Drive was a great success. There were 51 volunteer donors! A great turnout for summer.

Barb Cook and Judy Bieri treated the volunteers with their delicious homemade cookies and each of the donors received a ticket voucher for any Brewers game between September 11th and 24th.

The next Blood Drive will be held on October 17th from 11 AM to 4 PM at the Friendship Village Hall. Submitted by Barbara Cook and Judy Bieri



Schwan Pre-Sale Fundraiser, March 10th thru August 5th Donna Kirsenlohr did a wonderful job on the Schwan sales. Partners received a total of \$174! Thank You Donna.

Flower Planters, Hospital Entrances Partners commissioned Master Gardener Betty Conrad.

Display Case, June 2017 Theme: to honor all fathers with sports items they enjoy for Father's Day. Joleen Cozza and Bobbie Thierfelder decorated and donated display items.

Blood Drive, June 27th 22 providers helped saved lives. Thanks to Barb Cook and Judy Bieri.

Brat Fry, June 30th Barbara Schultz and Fran Coon.

Display Case, July 2017 Joleen Cozza and Bobbie Thierfelder decorated and donated display items for the 4th of July display.

Partners Annual Meeting, July 14th held at the Golf Course. Thanks for a great time to co-chairs Fran Coon and Julie Goodhue.

Rummage Sale, July 21st and 22nd What a GREAT SUCCESS! LeeAnn Roseberry and her very hardworking team raised \$2501.36 for Partners Projects! Thanks to all who participated.





Display Case, July 2017 "Grandma's Kitchen" An exquisite reminder of yesterday's kitchen! Thanks for the warm and fuzzy memories Diane Roekle and Joleen Cozza.

Blood Drive, August 22 A five-star event!



Fifty-one volunteer donors gave blood to save lives. A really **BIG THANKS** to everyone who participated especially Barb Cook and Judy Bieri.



It's autumn in Wisconsin. A beautiful time to enjoy the change in seasons and the bounty we've harvested in our gardens. But along with

the cooler crisp air and the falling leaves we need to be aware of some of the dangers that come along with the season.

Tips to Stay Healthy and Safe Indoors

Older adults are more susceptible to seasonal changes but can minimize cold-weather threats by following a few basic guidelines.

Get a flu vaccination: The Centers for Disease Control (CDC) recommends that adults aged 65 and older get a flu vaccine each year, ideally by the end of October.

Stay Warm: As we age we are at a higher risk of suffering hypothermia. If you also have diabetes and/or are taking certain medications, the risk is even higher. Dress in layered, loose-fitting clothing. Dress warmly and wear a hat when going outside.

Stay Hydrated: Our skin gets thinner and more prone to dryness as we age. We need to drink plenty of fluids and may need to use lotion or cream to hydrate our skin. Household heating systems remove much of the moisture in the air. You may consider using a humidifier to replace the moisture.

Heating System: Make sure that your heating system is clean and running efficiently.

NEVER use an oven or stove to heat your home.

Have your chimneys inspected and cleaned. If you use a space heater, remember to allow three feet of empty space around the heater.

Eliminate Fire Risks: Check your electrical blankets and heaters to make certain they are in good condition and do not have frayed cords. Keep a fire extinguisher near any working fireplace and check all of your smoke and carbon monoxide detectors to replace any batteries or equipment that is not functioning.

Outdoor Cleanup Safety

Many of us need to tidy up our gardens and yards. Typical fall cleanup tasks may include raking leaves, pruning back trees or shrubbery, fertilizing our lawns and even cleaning our gutters. It is important

to wear appropriate clothing that will protect from the sun, insect bites and scratches as well as the proper accessories, such as safety glasses and ear protection, masks or gloves to protect from flying dirt, chemicals and other hazards that may be part of the cleanup.

If you need to use a ladder, wear shoes or boots that will not slip as you climb the ladder especially if they are wet. Be certain that the ladder is positioned at the correct angle and on solid ground.

Remember not to overtask yourself. Don't try to do everything all at once or overfill your leaf bags. Doing too much at once or carrying loads that are too heavy may cause you to have muscle strains or other physical problems. Make certain that the equipment you are using is in good condition and comfortable for you to work with.

Fall Walking and Driving Tips

Although the turning leaves are beautiful to view, they can pose problems for drivers and pedestrians. Damp fall weather can make leaves wet and cause walkways, steps and roadways to become slippery. Leaves can obstruct road hazards such as potholes or other objects on pavements and driveways.

Be aware of weather conditions. Fall evenings and nights are often foggy. As the temperatures drop further, frost may coat the ground, pavements and roads. This can make walking and driving more hazardous.

Deer activity increases during the fall season. Be alert to deer rustling near the roadways.

Keep a pair of sunglasses in your vehicle. Sunrises and sunsets tend to be more brilliant in the fall and there is a larger amount of glare making it difficult to see your surroundings. Sunglasses will ease eye strain.

And finally, it is a good idea to keep an emergency car safety kit in your vehicle. Some of the suggested items that may be included are: first aid kit, blankets and/or warm clothing, flashlight with extra batteries, jumper cables, drinking water and non-perishable snacks.

Autumn can be a beautiful season if we are aware and prepared for the hazards and dangers that may come along with it. Happy Autumn!

Submitted by Marija Jakopec



HEAT

Grassroots Advocacy

Reprint from the Wisconsin Hospital Association Website

The late Illinois Senate Minority Leader Everett Dirksen once said, "When I feel the heat, I see the light." It's a great statement on power of grassroots advocacy, and, it's exactly what WHA is doing through our Hospitals Education & Advocacy Team (HEAT) arassroots program - helping you bring the heat and light on issues directly to your legislators.

Since its inception in 2005, advocates in the HEAT program have helped ENACT important legislation into law! Here are just two of the successes.

Medical Liability Caps. HEAT members sent legislators thousands of emails, phone calls and letters, and had dozens upon dozens of meetings with legislators in order to restore a cap on non-economic damages. Their efforts were successful and a cap was enacted into law!

Medicaid Funding. HEAT members urged legislators to support important increases in Medicaid reimbursement. Hundreds of millions of dollars in increases were enacted into law.

Not only do HEAT advocates propel legislation forward, they also help STOP harmful legislation like burdensome staffing regulations and harmful Medicaid cuts. You can become part of this positive movement, too!

By being a HEAT advocate you will have access to information, insight, strategy and assistance so you can impact issues affecting vour hospital and vour communities. When you join HEAT expect to receive legislative fact sheets, action alerts when timely action is needed, the Capitol Connection e-newsletter, our grassroots advocacy toolkit and more. The program is specifically designed to facilitate your grassroots involvement - whether that be writing a letter or coming to WHA's Annual Advocacy Day in Madison - so the voice of hospitals is heard loud and clear by elected officials.

The HEAT program is for hospital employees, trustees and volunteers. It is free of charge to join. Its only requirement is that you care about your hospital and your communities enough to do something about them. Join today!

Understanding what HEAT is and what it does can give members of Partners a sense of participation in a positive process that works to educate members of our community and impact government legislations.

Being politically active does not appeal to everyone but if you would like to keep on top of important health care issues, go to WHA.org, read "The Valued Voice" E-newsletter and click on Advocacy then HEAT. Three cheers if you choose to join HEAT (no cost). You can help keep us informed.

Submitted by Donna Turcany





WHA Partners Convention, Green Bay

October 3rd thru October 5th, 2017, Remember to wear **Red** on Thursday

Fall District Meeting, Prairie du Chein October 25th, 2017

If you would like to attend Contact Judy Bieri 608.339.7045 or cell 608.393.3747



Next Newsletter December 2017

Please send items for the next Newsletter by November 20 to Marija Jakopec slovenca@maqs.net 1146 Dover Dr. Adams, WI 53910 608.339.0170 Or cell 608.339.8134



September

3 rd	Joyce Pavelec
3 rd	Lillian Stormoen
6 th	Margaret Beeman
6 th	Penny Ross
7 th	Marge Waller
17 th	Karen Dunn
19 th	Dinah Short
24 th	Donna Turcany
29 th	Audrey Storemoen

October

Barbara Schultz	2^{nd}
Cassie Busalacchi	6 th
Sue Searring	6 th
Linda Sengstock	7 th
Vel Solchenberger	16 th
Jeannie Saner	27^{th}

November

Carol Camp
Eileen Santarelli
Chris Brown
Linda Charles
Nancy Nessler
Sue Bartels

December

Louise Thomas	3 rd
Stella Piecko	10 th
Judy Bieri	15 th
Lois House	24 th
Donna Kirsenlohr	28 th
LeeAnn Roseberry	31 st

January

10 th	Mary Polivka
30 th	Roberta Sindelar
31 st	Pam Abfall



just for fun

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P	N	N	1	1	А	T	R	s	R	Р	o	G	1	PUMPKIN TURKEY
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Have you noticed the novels on sale at the Gift Shop? They are lightly used donated books assembled and

maintained by Lois House. Stop in and browse, you may find a great read!

And...if you just happen to have some old novels in good condition that you would like to recycle, bring them in. Remember, we only carry NOVELS. Textbooks, cookbooks, and other non-fiction aren't included in our collection! Have a question about contributing books, just give Lois a call at 339.6044.

Now that winter is on the way, you may want to pick up a few books to read on those cold winter nights!

Display Case

Everyone stops to take a peek at it. But, do you know how it gets there?

Partners Display Case is a labor of love created by Diane Roekle and Joleen Cozza. They would love to get your suggestions, assistance and



borrow your special collections to share with our community Contact Diane-339.3195 or Joleen–414.764.3151 to volunteer.